



A Non-profit Organization For Retired Men

HOROLOGIUM

Monthly Newsletter - Est. 1963

North Bay Branch No. 7, San Rafael

Website: www.sirinc2.org/branch7

62nd year

Br. 7

May 2025

BIG SIR—*Tom Verkozen*



A benefit of membership - Branch 7's SPEAKER SERIES

Sir Bob Bundy, chair of our Speaker Series, has knocked it out-of-the-park developing a magnificent line-up of fun and informative speakers who'll add to Branch 007's reputation for having fun. Here's our batting order:

On April 3 ... a standing ovation was given for historian/vintner/brewer Kent Fortner, owner of Marin Island Brewing Co. As a result of Kent's talk Sirs Al Wuthnow and Ted Pullen have arranged a June 20th Mare Island historic chapel tour, beer tasting and lunch ... watch for a Zeffy invite as this event is expected to SELL OUT ... perhaps more quickly than the May 1 Momma Mia trip SOLD OUT. Limited to the first 40 who sign up.

May 7 ... Learn about Marin Villages ... John Powers is a wonderful speaker with a gift for community building ... read John's bio elsewhere in the Horologium ... and in May you'll learn how the community created by Villages is critical to loving where you live.

June 5 ... Shelley Dombroski will WOW us with cutting knowledge straight from Alzheimer Association. Come open your heart and gain much needed knowledge which will come in handy in the future. I regret missing this luncheon, which will be MCed by Sir David Cooke while I'm off visiting friends and family in Europe.

July 3 ... We have a speaker so special that you'd best reserve your spot at the first chance — Joan Ryan, author, glass ceiling breaking SF Chronicle sports columnist and humanity focused visionary will be sharing her 'now' perspective on our beloved Giants, golden teams, her world series rings and more. Lunch with Joan is expected

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LITTLE SIR—*Vacant*

No submittal

Branch 47 Bocce Party

See pages 4-5 for details

SUNSHINE & SHADOWS

Ken Kauer, Chairman, 472-2334
(No e-mail)

2025 DUES

The dues for 2025 will be \$50. Bring to the luncheon or mail to Al Wuthnow at 214 Melrose Avenue, Mill Valley CA 94941. You can also pay through Zeffy. Thank you for your prompt payment.

May 2025 Meetings

Luncheon Thursday May 1
Executive Committee Thursday May 15

May 1st Luncheon

Tex-Mex Salad
Bay Shrimp Louis
Vegetarian

MEMBERSHIP REPORT April 2025

<u>TOTAL ACTIVE MEMBERS - 4/1/25</u>	111
<u>GAINS DURING MONTH</u>	4
#95 Ed Scola, reinstated Rob Cochran Ralph McLeran Dan Schuster	
<u>LOSSES DURING MONTH</u>	0
<u>TOTAL ACTIVE MEMBERS - 5/1/25</u>	115

May 2025 Birthdays

73	Luke Lucchesi	May 3
40	Tom Verkozen	May 5
1	Ivan Hawtof	May 8
26	John Sauter	May 12
19	Gary Gioglio	May 18
55	Mark Swartz	May 19
102	Scott McKown	May 25
65	Ron Radtke	May 25
13	Kirk Beales	May 26
	Rob Cochran	May 28
10	Tom Balogh	May 30
6	Bill Jenkin	May 30
71	Ken Kauer	May 30

Dick Robinson, Secretary**Branch Executive Committee Meeting, April 17, 2025**

The meeting was called to order by Big Sir Tom Verkozen at 11:00 am. Attendees included: Big Sir Tom Verkozen, Treasurer Al Wuthnow, Michael Sommer, Dr Bob Bundy, Ted Pullen, Kelley Reid, Ken Kauer, Tom Short, Jim Flores and Dick Robinson.

Al Wuthnow presented the Treasurer's report which showed a cash balance of \$10,000 at the end of March before paying about \$2500 for the April meeting lunches. Al gave the Bank of Marin permission form to Dick Robinson to sign giving Tom Verkozen signature authority on our account. The minutes last month's meeting were approved as they appeared in April Horologium. Kelley Reid reported that our current membership is now 114 with the recent addition of two new members.

Tom Verkozen has been meeting with members over coffee to get to know them. He told us he will be on vacation and miss the June lunch meeting but has asked Dave Cooke to lead the meeting. Ted Pullen will miss the May 1st lunch and needs a replacement for checking in members. Tom is also working to resolve the problem of Zeffy not being accessible for a few members on their computers and a few members not receiving the meeting invitation. New members will need to be added to the email list being sent out for lunch meeting sign up by Zeffy.

Future meeting speakers were reviewed by Dr Bob Bundy. These include John Power of Marin Villages in May. Sherry Dombrioski talking about Alzheimer's Disease in June and sportswriter Joan Ryan in July. The board approved including wives and guests to attend the July lunch meeting. Fritz Maytag, former owner of Anchor Brewing Co, in August, Don Lytle on the benefits of exercise, in September and Gordon Haight, a retired editor for NY Times, in October. We are always looking for more interesting speakers for our future lunch meetings so send your ideas to Dr Bob Bundy.

Al Wuthnow has been working on arrangements for a bus trip to Mare Island Brewing Co in June. It would include a tour of the chapel, museum, lunch and beer tasting at a cost of about \$90/pp. The brewery can handle a group of 40 people for these tours. We picked Friday June 20 as a good date for this outing. Al will be announcing this tour at the May lunch meeting and starting sign-ups soon.

Ted Pullen said that bus trip to San Francisco on May 7 to see Mamma Mia is all set. Members and guests will meet at Smith Ranch park'n'ride lot so that the bus can load up and leave by 10:00 am. He is holding reservations for the musical show "Phantom of the Opera" coming to SF in May of next year. Ted is looking into sites to hold a picnic at a local park in September. He mentioned China Camp and

(Secretary continued on page 6)

MAY SPEAKER—JOHN POWER

John joined the Marin Villages Team as executive director in 2021 after three decades as a trusted authority and expert to local, state, and national nonprofit, government, corporate and private philanthropy leaders on community-building, nonprofit development, and volunteer engagement. For two decades he led The Volunteer Center in San Francisco and launched the national Board Match. Bay Area locally-grown, a graduate of UC Berkeley with an MBA from Santa Clara University, John lives in Kentfield with his partner of 25 years. An avid runner, he can be found on trails throughout Marin. Flag him down, he'll be glad to stop and say "hello."

Marin Villages helps older adults be active, connected, and independent in the place they call home.

We have created vibrant local communities of members and volunteers that enrich each other's lives, help build new connections, and make everyday life easier as we age.

Marin Villages offers a variety of programs tailored to members' interests. These range from coffees and happy hours to educational talks, cultural outings, hiking, and games.

LUCKY 7 GOLF



Blue Rock West (Individual) - April 9th

A Flight Net			B Flight Net		
1	Jens Erlingsson	72	1	Jim Leonard	74
2	Dave Cooke	74	2	Gary Gioglio	76
Closest to Hole 7			Closest to Hole 11		
Gary Gioglio		6'3"	Gary Gioglio		15'0"

Indian Valley (Scramble)—April 16th

1	Radtke, Gioglio, Bearg & Leonard				60.55
2	Cooke, Erlingsson, Aleshire & Donohue				61.44
Closest to the Hole 4			Closest to Hole 17		
Dick Robinson		6'2"	Ron Radtke		7'9"

Paradise Valley (Scramble) - April 23rd

1	Edwards, Pastorino, Pullen & Aleshire				59.40
2	Cianciolo, Moresco, Land & Bearg				61.65
Closest to Hole 3			Closest to Hole 15		
Ron Pastorino		12'8"	Stephen Bearg		23'0"

STENZEL CONTEST STANDINGS

1	Dan Edwards & Paul Giambra	5'0"	2	Dick Robinson	6'2"
3	Gary Gioglio	6'3"			

Humor Section – "Getting along isn't always easy..."

As I have grown older, I've learned that pleasing everyone is impossible, but pissing everyone off is a piece of cake.

In life, it is important to know when to stop arguing with people and simply let them be wrong.

Life is short. Make sure you spend as much time as possible on the internet arguing with strangers.

I am responsible for what I say, not what you understand.

Common sense is like deodorant. The people who need it the most never use it.

Every day I understand the phrase "I'm getting too old for this shit" on an even deeper level.

"A sense of humor is part of the art of leadership, of getting along with people, of getting things done."
- Dwight D. Eisenhower

Types of Arguments

The Legitimate Argument, "You're wrong, and here's why."

The Bad Argument, "You're wrong."

The Internet Argument, "You're wrong and you're stupid and you're ugly and nobody will ever love you...blah, blah, blah"

The pessimist complains about the wind. The optimist expects it to change. The realist adjusts his sails

SIR Garden / Bocce Party 2025



Rose Garden

Includes 6 Bocce Courts
Wine, Beer, Tea, Soda,
Water + Snacks

Only \$47

**Catered by
Mollie Stone Grocery**

Date: Tuesday, June 10, 2025

Time: 10 AM—2 PM

Location: Marin Bocce Federation Courts,
550 B St., San Rafael



Bob McLaughlin, PBS Jim Phelan, & PBS Roger Burstrem will be collecting at our luncheons on April 22nd & May 27th.

You can also mail in the registration form with check, or complete your selections on line and deliver your payment at the luncheon "Party table".

Be sure to *Advise drink preferred* when completing the registration form: Red or White wine, Beer, Soda, or Tea **Guests are welcome!**



A) Caprese Salad:

Fresh Mozzarella slices over tomato, basil and our Balsamic Vinaigrette, (14 oz package) plus French roll and pad of butter.



B) Spinach & Berry Salad with Grilled Chicken:

Chicken, Fresh Spinach, Fresh Blueberries, Fresh Strawberries, Pecan, Raspberry Vinaigrette Dressing. (12 oz. Package), plus French roll and pad of butter

Each Sandwich includes Spring mix garden salad with cucumber, tomato, onion and balsamic vinaigrette dressing



C) Mollie's 8" Turkey Breast & Swiss Sandwich: Turkey, Swiss, Mayonnaise, Mustard, Salt & Pepper on a freshly baked Baguette, plus 4 oz spring mix garden salad, plus a pickle



D) Mollie's 8" Napa Valley Panini Sandwich: Ham, Brie, Spinach, Pesto & Tomato on a freshly baked Baguette, plus 4 oz spring mix garden salad, plus a pickle.



E) Mollie's 8" Parliament Sandwich: Roast Beef, Havarti, Spinach, Dijon Mustard and Horseradish on a freshly baked Baguette, plus 4 oz spring mix garden salad, plus a pickle.



F) Mollie's 8" North Beach Panini Sandwich: 3 selections of Salame, Provolone, Pesto, Peppers with Balsamic Vinegar on a freshly baked Baguette, plus 4 oz spring mix garden salad, plus a pickle

SIR Annual Bocce / Garden Party, Tuesday, June 10, 2025

Marin Bocce Federation, 550 B St, San Rafael; 10 am - 2 pm

\$47 - per attendee, includes a lunch from the selections below, court rentals, snacks, wine, beer, tea, soda and bottled water.

Each Lunch is individually boxed with disposable utensils, napkin, salt & pepper,

All attendees age 21 & up, can choose between two - 4 oz glasses of wine OR two beers

All others can select a bottle of tea or two sodas for their drink - bottles of water will be available for all

NAME(S): _____ Phone # _____ - _____ - _____ Branch # _____ Total Attendees _____ @ \$47 each = _____ Check Preferred # _____ Cash _____ Payable to SIR Branch 47		Attendee's First Name _____ Qty _____		Alcohol Preferred WINE Red two 4 oz White two 4 oz BEER Two Bottles			Tea or Soda One Tea Unsweetened Two Diet Sodas	
A	Caprese Salad: Fresh Mozzarella slices over tomato, basil and our Balsamic Vinaigrette (14 oz package), plus French roll and pad of butter							
B	Spinach & Berry Salad with Grilled Chicken: Chicken, Fresh Spinach, Fresh Blueberries, Fresh Strawberries, Pecan, Raspberry Vinaigrette Dressing. (12 oz. Package), plus French roll and pad of butter							
C	Mollie's 8" Turkey Breast & Swiss Sandwich: Turkey, Swiss, Mayonnaise, Mustard, Salt & Pepper on a freshly baked Baguette, plus 4 oz Spring Mix garden salad, plus a pickle							
D	Mollie's 8" Napa Valley Panini Sandwich: Ham, Brie, Spinach, Pesto & Tomato on a freshly baked Baguette, plus 4 oz Spring Mix garden salad, plus a pickle.							
E	Mollie's 8" Parliament Sandwich: Roast Beef, Havarti, Spinach, Dijon Mustard and Horseradish on a freshly baked Baguette, plus 4 oz spring mix garden salad, plus a pickle.							
F	Mollie's 8" North Beach Panini Sandwich: Three selections of Salame, Provolone, Pesto, Peppers with Balsamic Vinegar on a freshly baked Baguette, plus 4 oz spring mix garden salad, plus a pickle							

All SIR members & guests are welcome

Only soft soled shoes on courts - NO food or drink on courts

Please return this form with your order and payment at our April or May luncheons

OR mail by May 30th Either:

Bob McLaughlin, 45 Andreas Circle, Novato, CA 94945

PBS Jim Phelan, 1106 Via Horqueta, San Rafael, CA 94903

PBS Roger Burstrem, 51 Captain Nurse Cir., Novato, CA 94949

to SELL OUT QUICKLY ... especially since the board voted unanimously to open this amazing lady's Speaker Series debut to significant others and besties.

August 7 ... Fritz is only here when he's not entertaining at his villa in Italy ... a San Francisco entrepreneur/author, the man who resuscitated Anchor Beer ... and sold it for BIG bucks ... lunch will feature the always-entertaining Fritz Maytag, bringing with him a mystery guest from the wild ride of those years gone past ... Fritz is going to tickle our fun-loving souls.

September 4 ... A houseboat living man who dedicated his life to play ... a professor, now retired, with PhD in People and Play, this month the SPEAKER SERIES is honored to feature our own Sir Don Lytle whose talk is guaranteed to add a jingle to your lips while showing you how to incorporate the element of play to your day.

October 2 ... Another real find ... a diamond in our midst, the SIR I met at The Bayside Cafe on my 32nd coffee, Sir Gordon Haight ... another house-boater who will delight us with his adventures (including when he chose to return to his desk rather than travel to Spain with The Beatles), and also share insights from his experience as an editor at The New York Times with a perspective on media literacy, the New York Times code of ethics and more.

November 6 ... Sir Bob Bundy is working out details with several potential speakers suggested by you and me ... updates will be published in the Horologium, either when it arrives or when it shows up on our website ...

Check out our website in development ... the handiwork of our special project director Sir Tom Short's at branch007sir.org and be sure to either give him hell or, preferably, thank him with a beer, hug or handshake.

December 4 ... Sir Bob is currently working on delightful Surprise speaker to inspire us as we laugh and stumble into 2026.

If you're looking for a spot to contribute to Branch 7 know that Sir Bob would welcome your help in developing the Branch 007 Speaker Series.

I'm exhausted, and at the same time exhilarated, as so many of you have stepped up and volunteered to make sure my year serving you as Big Sir is meaningful. I thank you from the bottom of my heart.

Ahoy!

Captain Tom

McNear's beach as possible locations. The Board picked September 16 as a good date for the picnic. Ted is also looking for a suitable place to hold a Christmas season dinner party in December.

All of our usual activities are operating these days. The hiking/walking group is meeting every Thursday morning at Indian Valley College, the Lucky 7 Golf group plays golf every Wednesday at local courses, the pool group meets after monthly lunches and Exec board meetings at the Silver Peso in Larkspur, and the Book Club meets on the second Tuesday of the month. Any announcements of other special events should be sent to Kirk Beales to include in the monthly Horologium.



SIR ON THE INTERNET

www.sirinc.org

www.sirinc.org/wearesir-2/

Gives SIR history, organization, locations, activities, travel programs etc.. Also the State newsletter, SIR Happenings. Suggested for those thinking of joining for an early orientation.

AREA 8 MONTHLY MEETINGS

Branch 7 McInnis Park 1st Thursday
Branch 22 McInnis Park 1st Tuesday
Branch 47 McInnis Park 4th Tuesday
Branch 58 Elks Lodge Petaluma 3rd Tuesday
Branch 134 Marin Golf & Country Club 1st Tuesday
Branch 147 Elks Lodge Petaluma 2nd Tuesday

NON-RESPONSIBILITY DECLARATION

All activities arranged for, or by, or sponsored by, Sons in Retirement, Inc. and its branches are for the convenience and pleasure of the members and their guests who desire to participate. Sons in Retirement, Inc. and its branches do not assume any responsibility for the well-being or safety of the participants or their property in matters pertaining to said activities.

2025 EXECUTIVE COMMITTEE

Big Sir: Tom Verkozen **Little Sir:** Vacant
Secretary: Dick Robinson **Asst Secretary:** Vacant
Treasurer: Al Wuthnow **Asst Treasurer:** Dick Robinson
Directors: Dave Bernardi, Jim Flores, Ken Kauer, Ted Pullen, & Kelly Reid
Advisor: Michael Sommer
Publisher: Kirk Beales — 415-492-2686,
bear38@outlook.com
Webmaster: Vacant